

# DAVID TIERNEY, M.A.

## EDUCATION

- Ph.D. Counseling Psychology** (Expected 2023) **August 2018—Present**  
University of Tennessee (Knoxville, TN)  
*Advisor: Dr. Patrick Grzanka*
- M.A. in Psychology** **August 2018-August 2020**  
University of Tennessee (Knoxville, TN)  
*Advisor: Dr. Patrick Grzanka*
- B.A. with Concentration in Psychology** **September 2013—May 2017**  
Sarah Lawrence College (Bronxville, NY)
- Registered Visiting Student** **August 2015—June 2016**  
Wadham College - Oxford University (Oxford, U.K.)

## CLINICAL TRAINING

- Practicum Assessor and Therapist** **Fall 2020-Present**  
University of Tennessee Psychological Clinic  
*Supervisors: Jacob Levy, Ph.D.; Mae Shirley-Adams PsyD.*
- Conducted full psychological (6), psychoeducation (1), public safety officer candidate fitness (8), and disability (1) evaluations with adolescents and adults for a total of 16 integrated reports
  - Provided individual psychotherapy (6 – 50 sessions) for clients struggling with substance use and alcohol use disorders, post-traumatic stress disorder, personality disorders, depressive disorders, gender identity concerns, and discrimination.
  - Maintained a caseload of 5-12 clients
  - Conducted community outreach for the LGBTQ+ community
  - Helped develop training materials for the purposes of police fitness evaluations
  - Conducted brief phone-based assessments to determine client eligibility for services, initial level of risk, and to establish community referrals as necessary
  - Received weekly group supervision (2 hours) and weekly individual supervision (2 hours)
  - Accumulated 120 assessment hours, 54 intervention hours, and 104 supervision hours
- Practicum Counselor** **August 2019-August 2020**  
University Counseling Center: University of Tennessee – Knoxville  
*Supervisors: Jungsu Oh Ph.D.; Ellie Tripp PsyD. ; Maggie Klotz Ph.D.*
- Provided weekly individual psychotherapy for college students

- Completed brief alcohol and drug assessments (e.g., AUDIT and DAST)
- Maintained caseload of 7-10 therapy clients with a variety of presenting issues including depression, anxiety, substance and alcohol use, post-traumatic stress, eating disorders, and family of origin concerns
- Delivered psycho-educational workshops
- Process observed the LGBTQ+ Interpersonal Process Group
- Made referrals to psychiatry and case-management as warranted
- Routinely monitored client treatment outcomes via the CCAPS
- Received weekly individual supervision (1 hour) and group supervision (2 hours)
- Accumulated 163 direct service hours and 47.5 supervision hours

### **Counseling Psychology Training Lab Therapist**

**February 2019-April 2019**

Psychology Department: University of Tennessee – Knoxville

*Supervisors: Dawn Syzmanski Ph.D. ; Renee Mikorski, Ph.D.*

- Provided weekly psychotherapy for an undergraduate college student coping with adjustment issues (6 sessions)
- Accumulated 28 supervision hours and 10 direct clinical hours

### **ASSESSMENTS ADMINISTERED**

#### **Personality:**

- PAI
- MMPI-2RF
- MMPI-A
- MCMI-IV
- Personality Inventory for DSM-5 (PID-5)

#### **Intellectual and Achievement:**

- WAIS-IV
- WISC-5
- WIAT-III
- WJ-IV-ACH

#### **Neuropsychological and Cognitive:**

- California Verbal Learning Test – Third Edition (CVLT-3)
- Neuropsychological Assessment Battery – Memory Module (NAB-Memory)
- Neuropsychological Assessment Battery- Executive Functions Module (NAB-Executive Functions)
- Continuous Performance Test (CPT)
- Montreal Cognitive Assessment (MoCA)
- Mini-Mental State Exam (MMSE)

#### **Behavioral Assessment and Symptom Checklists:**

- Behavioral Assessment System for Children-3<sup>rd</sup> Edition (BASC-3)
- Childhood Autism Rating Scale (CARS)

- Brown Executive Function/Attention Scales (Brown EF/A)
- Conners Comprehensive Behavioral Rating Scales (CBRS)
- Beck Depression Inventory (BDI)
- Beck Anxiety Inventory (BAI)
- Alcohol Use Identification Test (AUDIT)
- Substance Abuse Subtle Screening Inventory (SASSI)
- PTSD Checklist for DSM-5 (PCL-5)

**Structured Interviews:**

- Structured Clinical Interview for DSM-5 Disorders (SCID-5)
- Diagnostic Interview for Anxiety, Mood, and Obsessive-Compulsive and related Neuropsychiatric Disorder (DIAMOND)

**OTHER CLINICALLY RELEVANT EXPERIENCES**

**Behavioral Therapist**

**August 2017—June 2018**

Institute of Applied Behavior Analysis – Oakland, CA

- Provided child with Autism Spectrum Disorder and other co-morbid conditions with behavioral therapy via applied behavior analysis
- Worked with children in this modality across home, school, and community based settings
- Provided parent training to ensure consistency in home and school environments

**Community Living Instructor**

**June 2017—October 2017**

A Bright Future Inc. – American Canyon, CA.

- Worked with adults with severe intellectual disabilities to teach skills necessary to live independently
- Broadly assisted clients in tasks of daily living

**Adaptive Designer**

**June 2015-August 2015; July 2016—May 2017**

Elizabeth Seton Pediatric Center and Sarah Lawrence College – Yonkers/Bronxville, NY

- Designed adaptive equipment for medically fragile children
- Collaborated with children’s therapists to build toys and equipment to meet therapeutic goals

**Interim Field-Coordinator (Eko Refugee Camp)**

**March 2016—April 2016**

Lighthouse Relief – Idomeni, Greece

- Led team of 10-20 daily volunteers in internationally designated hardship situation.
- Organized tent-to-tent daily distribution of 1,200 fortified meals in partnership with Save the Children and managed child and family space.

## ADDITIONAL CLINICAL TRAINING

### **4-Day Introduction to R-PAS: Rationale, Administration, Coding, and Interpretation**

Gregory Meyer, PhD. & Joni Mihura Ph.D.

May 2021

Rorschach-Performance Assessment System (R-PAS)

### **Tele-Psychology Best Practices 101: Segments 1-3.**

August 2020

Marlene M. Maheu, Ph.D.

American Psychological Association

### **Helping Patients with Nonpsychotic and Psychotic Paranoid Conditions** November 2019

Nancy McWilliams, Ph.D. & Psychotherapy for Psychosis, Michael Garrett, M.D.

Fall Conference, Appalachian Psychoanalytic Society, Knoxville, TN

## PEER REVIEWED PUBLICATIONS

**Tierney, D.**, Spengler, E., Schuch, E., Grzanka, P. (2021) Sexual Orientation Beliefs and Identity Development: A Person-Centered Analysis among Sexual Minorities. *Journal of Sex Research*. <https://doi.org/10.1080/00224499.2021.1878344>

Grzanka, P. R., Gonzalez, K., DeVore, E. D., Pulice-Farrow, L., & **Tierney, D.**<sup>1</sup> (2018). The Biopolitics of Passing and the Possibility of Radically Inclusive Transgender Health Care. *American Journal of Bioethics*. 18(12), 17-19.  
<https://doi.org/10.1080/15265161.2018.1531167>

## PEER REVIEWED POSTER PRESENTATIONS

**Tierney, D.**, Schuch, E., Spengler, E., Grzanka, P. (August, 2020). *Sexual Orientation Belief Profiles, Attitudes, and Identity Development: A Person-Centered Analysis*. Poster presented at the national convention for the American Psychological Association.

## RESEARCH EXPERIENCE:

### **Principal Investigator**

August 2018-Present

Department of Psychology, University of Tennessee, Knoxville, TN

Sexual Orientation Belief Profiles, Attitudes, and Identity Development: A Person-Centered Analysis

*Thesis Committee Members: Patrick R. Grzanka, Ph.D.; Kirsten Gonzalez, Ph.D. ; Joseph R. Miles, Ph.D.*

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<sup>1</sup> The second through fifth authors contributed equally and are listed alphabetically.

- Developed study, study materials, selected measures, and performed data cleaning
- Received IRB approval
- Collected data through Amazon's Mechanical Turk
- Performed data analyses and wrote manuscript for publication

**Research Assistant** **September 2014 – May 2015; September 2016-May 2017**  
Emotion and Cognition Lab at Sarah Lawrence College. *PI: Adam Brown, PhD*

- Developed protocols and documentation regarding how to use newly acquired psychophysiological equipment in the lab
- Provided lab members with guidance while using psychophysiological equipment
- Assisted other lab members in research design and data analysis

**Volunteer Research Assistant** **October 2015-March 2016**  
Cognition, Learning, and Plasticity Group, PI: Anna Brem Ph.D.

- Conducted EEG assessment and administered transcranial direct current stimulation to elderly participants
- Performed intake interviews, obtained informed consent, and conducted risk assessments of participants
- Trained participants in utilizing cognitive training software

**Volunteer Research Assistant** **January 2015– July 2015**  
Cohen Veterans Center at New York University, Langone Medical Center, *PI: Adam Brown, Ph.D.*

- Translated, coded, and compiled data for a mental health survey for workforce of the United Nations
- Performed initial statistical analysis of the data mentioned above -Coded data for a study on emotional flexibility and Post Traumatic Stress Disorder in Iraq War veterans

## TEACHING EXPERIENCE

**Instructor of Record** **June 2020-August 2020**  
Department of Psychology, University of Tennessee

- Taught PSYC: 110 General Psychology for provisionally admitted students in collaboration with Student Success Center

**Discussion Section Leader** **August 2019-December 2019**  
Department of Psychology, University of Tennessee.

- Taught two 50-minute discussion sections of 30 under-graduate students in General Psychology under the supervision of Dr. Erin Hardin.

**Graduate Teaching Assistant** **August 2018-Present**  
Department of Psychology, University of Tennessee.

- PSYC 110: General Psychology

- PSYC 117: General Psychology Honors
- PSYC 330: Abnormal Psychology

## **GUEST LECTURES AND PUBLIC SPEAKING**

### **A Process Based Guide to Conducting Public Safety Officer Evaluations and POST Certification** **May 11<sup>th</sup>, 2021**

University of Tennessee Psychological Clinic, University of Tennessee, Knoxville, TN  
*Co-Presenter: Dr. Leticia Flores*

- Presented a webinar on how to conduct police candidate evaluations and a practical guide to understanding the requirements of POST certification

### **The Social Psychology of the Bystander Effect and Hazing** **March 30<sup>th</sup>, 2021**

Department of Psychology, University of Tennessee, Knoxville, TN  
*Instructor of Record: Bob DuBois, Ph.D.*

- Presented guest lecture on the social psychology of the bystander effect and hazing

### **The Social Psychology of Anti-Racism and the Bystander Effect** **October 16<sup>th</sup>, 2021**

Department of Psychology, University of Tennessee, Knoxville, TN  
*Instructor of Record: Bob DuBois, Ph.D.*

- Presented guest lecture on anti-racism, racism as a public health crisis, and its relationship to the bystander effect

### **The Refugee Crisis in Europe and Beyond** **February 17<sup>th</sup>, 2017**

Interdisciplinary Panel Series, Sarah Lawrence College

- Presented on experience of serving in refugee camp in Europe

## **AWARDS AND FELLOWSHIPS**

### **Professional Development Award** **March 2020**

The Graduate School, University of Tennessee, Knoxville, TN

### **University of Tennessee Access and Diversity Fellowship** **March 2019**

The Graduate School, University of Tennessee, Knoxville, TN

### **University of Tennessee Dept of Psychology Graduate Fellowship** **August 2018-Present**

Department of Psychology, University of Tennessee, Knoxville, TN

### **Sarah Lawrence Scholarship** **September 2013—May 2017**

Office of Admissions and Financial Aid, Sarah Lawrence College, Bronxville, NY

## **ACADEMIC SERVICE**

### **Ad-Hoc Mentored Reviewer**

**Fall 2020-Present**

*Journal of Homosexuality.*

- Performed mentored reviews for manuscripts under consideration.

### **Campus Ambassador**

**Fall 2019-Spring 2020**

Society for the Psychological Study of Sexual Orientation and Gender Diversity.

- Created a Queer Theory Reading group on campus to raise awareness of psychology of sexual orientation and gender diversity issues

## **VOLUNTEER SERVICE**

### **Volunteer Adaptive Design Instructor and Camp Counselor**

**June 2016-August 2016**

Greyston Community Gardens, Yonkers, NY.

- Taught children and teens how to build adaptive equipment for people.
- Obtained and awarded \$10,000 Davis Peace Prize to redistribute back into the community for continued work.

### **Warehouse Shift Leader**

**March 2016**

Moria Refugee Camp, Lesbos, Greece

- Led distribution of non-food items.
- Organized emergency distribution of items during mass detention of camp residents.

## **PROFESSIONAL MEMBERSHIPS**

### **American Psychological Association**

**2018-Present**

Graduate Student Member

- Division 17: Society of Counseling Psychology
- Division 44: Society for the Psychology of Sexual Orientation and Gender Diversity
- Division 51: Society for the Psychological Study of Men and Masculinities
- Division 56: Trauma Psychology

### **Appalachian Psychoanalytic Society**

**2018-Present**

Graduate Student Member

### **Phi Kappa Phi- Academic Honors Society**

**2018-Present**

Member

## **FOREIGN LANGUAGE CERTIFICATION**

**C1: High Advanced / Effective Operational Proficiency - Spanish**

**June 2018**

Habla Ya – Panamá. Certified Cervantes Institutes.

- Received certification for C1 proficiency in Spanish following intensive lessons (6 hours a day, 5 days a week, for 5 weeks)